

International Rates Per Minute							
		International Base Rate				10 Cents to Mexico	Qwest Choice™ International Rates
		If you have not selected a specific international plan, international long distance calls will be charged at our base rates. Rate per minute depends on the time of day (originating number time zone).				Call from the U.S. to Mexico anytime, anywhere for just 10 cents a minute. International base rates applies to all other countries not listed.	Great rates for over 200 countries with no calling time restrictions.
		No Monthly Fee					
		Standard		Economy			
Country	Country	Rate	Time	Rate	Time	\$2 a month fee	\$4 a month fee
Afghanistan	93	\$4.90	7AM-6PM	\$4.73	6PM-7AM	Base Rate	\$0.37
Albania	355	\$3.87	7AM-6PM	\$3.01	6PM-7AM	Base Rate	\$1.09
Algeria	213	\$2.46	6AM-5PM	\$2.01	5PM-6AM	Base Rate	\$0.48
American Samoa	1+684	\$2.54	10AM-11PM	\$2.06	11PM-10AM	Base Rate	\$0.36
Andorra	376	\$1.66	7AM-6PM	\$1.12	6PM-7AM	Base Rate	\$0.46
Angola	244	\$5.01	6AM-5PM	\$4.12	5PM-6AM	Base Rate	\$1.44
Anguilla	1+264	\$1.68	7AM-10PM	\$1.42	10PM-7AM	Base Rate	\$0.57
Antarctica	672	\$4.87	10AM-11PM	\$4.77	11PM-10AM	Base Rate	\$0.79
Antigua	1+268	\$1.66	10AM-11PM	\$1.36	11PM-10AM	Base Rate	\$0.46
Argentina	54	\$2.16	7AM-10PM	\$1.48	10PM-7AM	\$0.18	\$0.18
Armenia	374	\$2.74	8AM-12AM	\$2.30	12AM-8AM	Base Rate	\$0.58
Aruba	297	\$1.58	7AM-2AM	\$1.30	2AM-7AM	Base Rate	\$0.45
Ascension Island	247	\$2.77	7AM-10PM	\$2.33	10PM-7AM	Base Rate	\$1.89
Australia	61	\$1.69	6AM-5PM	\$1.16	5PM-6AM	Base Rate	\$0.08
Austria	43	\$1.61	2PM-3AM	\$1.15	3AM-2PM	Base Rate	\$0.08
Azerbaijan	994	\$2.72	7AM-6PM	\$2.17	6PM-7AM	Base Rate	\$0.83
Bahamas	1+242	\$1.28	7AM-12AM	\$1.03	12AM-7AM	Base Rate	\$0.24
Bahrain	973	\$2.24	8AM-11PM	\$1.81	11PM-8AM	Base Rate	\$0.64
Bangladesh	880	\$3.93	9PM-3AM	\$2.84	3PM-9PM	Base Rate	\$0.52
Barbados	1+246	\$1.66	6AM-6PM	\$1.36	6PM-6AM	Base Rate	\$0.50
Belarus	375	\$2.74	7AM-10PM	\$2.30	10PM-7AM	Base Rate	\$0.35
Belgium	32	\$1.73	7AM-2AM	\$1.10	2AM-7AM	Base Rate	\$0.08
Belize	501	\$2.09	7AM-6PM	\$1.52	6PM-7AM	\$0.48	\$0.48
Benin	229	\$2.26	8AM-11PM	\$1.81	11PM-8AM	Base Rate	\$0.65
Bermuda	1+441	\$1.39	6AM-5PM	\$1.15	5PM-6AM	Base Rate	\$0.18
Bhutan	975	\$5.85	8AM-11PM	\$4.58	11PM-8AM	Base Rate	\$1.80
Bolivia	591	\$2.17	6AM-6PM	\$1.83	6PM-6AM	\$0.32	\$0.32
Bosnia - Herzegovina	387	\$1.96	7AM-12AM	\$1.57	12AM-7AM	Base Rate	\$0.34
Botswana	267	\$2.06	7AM-12AM	\$1.63	12AM-7AM	Base Rate	\$0.83
Brazil	55	\$2.06	6AM-5PM	\$1.50	5PM-6AM	\$0.15	\$0.15
British Virgin Islands	1+284	\$1.60	8AM-12PM	\$1.31	12AM-8AM	Base Rate	\$0.46
Brunei	673	\$2.16	8AM-11PM	\$1.78	11PM-8AM	Base Rate	\$0.84
Bulgaria	359	\$2.24	10AM-11PM	\$1.81	11PM-10AM	Base Rate	\$0.34
Burkina Faso	226	\$3.72	7AM-2AM	\$3.03	2AM-7AM	Base Rate	\$1.02
Burundi	257	\$4.94	6AM-5PM	\$4.30	5PM-6AM	Base Rate	\$1.39
Cambodia	855	\$4.51	5PM-11AM	\$3.94	11AM-5PM	Base Rate	\$2.28
Cameroon	237	\$2.46	6AM-5PM	\$1.95	5PM-6AM	Base Rate	\$0.48
Canada	1	\$0.39	7AM-7PM M-F	\$0.33	All other times	Base Rate	\$0.05
Cape Verde	238	\$2.99	6AM-5PM	\$1.72	5PM-6AM	Base Rate	\$0.81
Cayman Islands	1+345	\$1.72	8AM-11PM	\$1.32	11PM-8AM	Base Rate	\$0.24
Central African Republic	236	\$4.76	6AM-5PM	\$4.11	5PM-6AM	Base Rate	\$1.47
Chad	235	\$5.59	6AM-5PM	\$4.63	5PM-6AM	Base Rate	\$2.42
Chile	56	\$1.95	6AM-5PM	\$1.53	5PM-6AM	\$0.19	\$0.19

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		No Monthly Fee					
		Standard		Economy			
Country	Country	Rate	Time	Rate	Time	\$2 a month fee	\$4 a month fee
China	86	\$2.91	8AM-12AM	\$2.25	12AM-8AM	Base Rate	\$0.12
Christmas & Cocos Islanc	61	\$1.69	6AM-5PM	\$1.16	5PM-6AM	Base Rate	\$0.09
CNMI	670	See below *		See below *		Base Rate	See below*
Colombia	57	\$2.08	10AM-11PM	\$1.52	11PM-10AM	\$0.17	\$0.17
Comoros	269	\$4.60	6AM-5PM	\$4.18	5PM-6AM	Base Rate	\$2.25
Congo	242	\$2.17	6AM-5PM	\$1.79	5PM-6AM	Base Rate	\$0.71
Cook Island	682	\$5.17	10AM-11PM	\$4.13	11PM-10AM	Base Rate	\$3.75
Costa Rica	506	\$1.84	8AM-11PM	\$1.37	11PM-8AM	\$0.27	\$0.27
Croatia	385	\$1.94	1PM-2AM	\$1.57	2AM-1PM	Base Rate	\$0.32
Cuba	53	\$1.98	7AM-2AM	\$1.98	2AM-7AM	\$0.92	\$0.92
Cyprus	357	\$2.02	7AM-10PM	\$1.61	10PM-7AM	Base Rate	\$0.55
Czech Republic	420	\$2.09	7AM-6PM	\$1.71	6PM-7AM	Base Rate	\$0.26
Denmark	45	\$1.63	7AM-6PM	\$1.07	6PM-7AM	Base Rate	\$0.08
Diego Garcia	246	\$3.87	6AM-6PM	\$3.19	6PM-6AM	Base Rate	\$3.75
Djibouti	253	\$3.51	6AM-5PM	\$2.85	5PM-6AM	Base Rate	\$0.95
Dominica	1218	\$1.80	7AM-10PM	\$1.41	10PM-7AM	Base Rate	\$0.40
Dominican Republic	1203	\$1.77	7AM-10PM	\$1.48	10PM-7AM	\$0.17	\$0.17
East Timor	670	\$3.60	10AM-11PM	\$3.20	11PM-10AM	Base Rate	\$2.50
Ecuador	593	\$2.07	7AM-12AM	\$1.70	12AM-7AM	\$0.30	\$0.30
Egypt	20	\$2.43	7AM-2AM	\$1.96	2AM-7AM	Base Rate	\$0.38
El Salvador	503	\$1.95	8AM-11PM	\$1.58	11PM-8AM	\$0.22	\$0.22
Equatorial Guinea	240	\$4.71	6AM-5PM	\$3.98	5PM-6AM	Base Rate	\$2.15
Eritrea	291	\$2.94	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.88
Estonia	372	\$3.21	7AM-2AM	\$2.33	2AM-7AM	Base Rate	\$0.65
Ethiopia	251	\$2.89	7AM-2AM	\$2.37	2AM-7AM	Base Rate	\$1.00
Faeroe Island	298	\$1.52	7AM-6PM	\$1.04	6PM-7AM	Base Rate	\$0.52
Falkland Island	500	\$4.26	8AM-12AM	\$3.23	12AM-8AM	Base Rate	\$1.54
Fiji Islands	679	\$3.00	9AM-2AM	\$2.31	2AM-9AM	Base Rate	\$1.02
Finland	358	\$1.65	7AM-6PM	\$0.99	6PM-7AM	Base Rate	\$0.08
France	33	\$1.49	10AM-11PM	\$0.95	11PM-10AM	Base Rate	\$0.08
French Antilles	596	\$1.63	7AM-6PM	\$1.34	6PM-7AM	Base Rate	\$0.65
French Guiana	594	\$1.88	8AM-11PM	\$1.48	11PM-8AM	Base Rate	\$0.65
French Polynesia	689	\$2.56	8AM-12AM	\$2.13	12AM-8AM	Base Rate	\$1.20
Gabon Republic	241	\$2.43	6AM-5PM	\$1.91	5PM-6AM	Base Rate	\$1.05
Gambia	220	\$2.28	6AM-5PM	\$1.81	5PM-6AM	Base Rate	\$0.58
Georgia	995	\$2.74	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.78
Germany	49	\$1.39	7AM-6PM	\$0.91	6PM-7AM	Base Rate	\$0.08
Ghana	233	\$2.43	6AM-5PM	\$1.88	5PM-6AM	Base Rate	\$0.46
Gibraltar	350	\$1.93	7AM-6PM	\$1.36	6PM-7AM	Base Rate	\$1.02
Greece	30	\$2.18	7AM-6PM	\$1.46	6PM-7AM	Base Rate	\$0.08
Greenland	299	\$2.08	7AM-6PM	\$1.48	6PM-7AM	Base Rate	\$1.04
Grenada	1+473	\$1.82	7AM-10PM	\$1.49	10PM-7AM	Base Rate	\$0.44
Guadeloupe	590	\$1.68	8AM-11PM	\$1.34	11PM-8AM	Base Rate	\$0.60

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		No Monthly Fee					
		Standard		Economy			
Country	Country	Rate	Time	Rate	Time	\$2 a month fee	\$4 a month fee
Guam	671	See below *		See below *		Base Rate	See below*
Guantanamo Bay	5399	\$1.98	7AM-10PM	\$1.98	10PM-7AM	Base Rate	\$0.92
Guatemala	502	\$1.97	8AM-11PM	\$1.56	11PM-8AM	\$0.23	\$0.23
Guinea	224	\$3.01	6AM-5PM	\$2.39	5PM-6AM	Base Rate	\$0.81
Guinea-Bissau	245	\$5.18	6AM-5PM	\$4.09	5PM-6AM	Base Rate	\$3.05
Guyana	592	\$2.59	8AM-12AM	\$1.88	12AM-8AM	\$0.82	\$0.82
Haiti	509	\$1.96	7AM-10PM	\$1.66	10PM-7AM	Base Rate	\$0.48
Honduras	504	\$2.14	8AM-11PM	\$1.57	11PM-8AM	\$0.40	\$0.40
Hong Kong	852	\$2.06	10AM-11PM	\$1.34	11PM-10AM	Base Rate	\$0.09
Hungary	36	\$1.87	7AM-6PM	\$1.52	6PM-7AM	Base Rate	\$0.25
Iceland	354	\$1.85	7AM-8PM	\$1.25	8PM-7AM	Base Rate	\$0.48
India	91	\$2.95	6AM-6PM	\$2.41	6PM-6AM	Base Rate	\$0.31
Indonesia	62	\$2.47	5PM-11AM	\$1.77	11AM-5PM	Base Rate	\$0.33
Inmarsat	870	\$9.75	5PM-11AM	\$9.75	11AM-5PM	Base Rate	\$8.50
Inmarsat Atlantic East	871	\$9.75	5PM-11AM	\$9.75	11AM-5PM	Base Rate	\$8.50
Inmarsat Atlantic West	874	\$9.75	5PM-11AM	\$9.75	11AM-5PM	Base Rate	\$8.50
Inmarsat Indian Ocean	873	\$9.75	5PM-11AM	\$9.75	11AM-5PM	Base Rate	\$8.73
Inmarsat Pacific Ocean	872	\$9.75	5PM-11AM	\$9.75	11AM-5PM	Base Rate	\$8.50
Iran	98	\$2.86	7AM-2AM	\$2.23	2AM-7AM	Base Rate	\$0.58
Iraq	964	\$3.40	7AM-2AM	\$3.01	2AM-7AM	Base Rate	\$0.88
Ireland	353	\$1.51	7AM-6PM	\$0.99	6PM-7AM	Base Rate	\$0.08
Iridium	881	\$9.50	8AM-6PM	\$9.50	6PM-8AM	Base Rate	\$7.10
Iridium	882	\$1.83	8AM-6PM	\$1.83	6PM-8AM	Base Rate	\$1.83
Israel	972	\$2.20	7AM-6PM	\$1.48	6PM-7AM	Base Rate	\$0.09
Italy	39	\$1.68	6AM-5PM	\$1.19	5PM-6AM	Base Rate	\$0.08
Ivory Coast	225	\$2.94	7AM-10PM	\$2.30	10PM-7AM	Base Rate	\$0.68
Jamaica	1213	\$1.78	2PM-3AM	\$1.46	3AM-2PM	Base Rate	\$0.35
Japan	81	\$1.62	12AM-5PM	\$1.17	5PM-12AM	Base Rate	\$0.08
Jordan	962	\$2.13	7AM-2AM	\$1.69	2AM-7AM	Base Rate	\$0.58
Kazakhstan	7	\$2.74	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.18
Kenya	254	\$2.45	7AM-1AM	\$1.97	1AM-7AM	Base Rate	\$0.66
Kiribati	686	\$3.79	10AM-11PM	\$2.93	11PM-10AM	Base Rate	\$1.80
Korea - North	850	\$5.12	2PM-3AM	\$4.67	3AM-2PM	Base Rate	\$1.10
Korea - South	82	\$2.03	2PM-3AM	\$1.42	3AM-2PM	Base Rate	\$0.09
Kuwait	965	\$2.22	7AM-1AM	\$1.41	1AM-7AM	Base Rate	\$0.46
Kyrgyzstan	996	\$2.73	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.44
Laos	856	\$6.48	10AM-11PM	\$4.58	11PM-10AM	Base Rate	\$2.39
Latvia	371	\$3.31	7AM-2AM	\$2.42	2AM-7AM	Base Rate	\$0.34
Lebanon	961	\$3.34	9PM-3PM	\$3.06	3PM-9PM	Base Rate	\$0.54
Lesotho	266	\$2.06	7AM-1AM	\$1.76	1AM-7AM	Base Rate	\$0.83
Liberia	231	\$2.18	6AM-5PM	\$1.71	5PM-6AM	Base Rate	\$0.58
Libya	218	\$2.32	6AM-5PM	\$1.86	5PM-6AM	Base Rate	\$0.95
Liechtenstein	423	\$1.57	7AM-6PM	\$0.97	6PM-7AM	Base Rate	\$0.09

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		Standard		Economy			
Country	Country	Rate	Time	Rate	Time	\$2 a month fee	\$4 a month fee
Lithuania	370	\$2.95	7AM-2AM	\$2.13	2AM-7AM	Base Rate	\$0.34
Luxembourg	352	\$1.58	7AM-6PM	\$0.96	6PM-7AM	Base Rate	\$0.11
Macao	853	\$2.83	5PM-11AM	\$2.24	11AM-5PM	Base Rate	\$0.76
Macedonia	389	\$1.95	7AM-2AM	\$1.56	2AM-7AM	Base Rate	\$0.55
Madagascar	261	\$5.61	6AM-5PM	\$4.27	5PM-6AM	Base Rate	\$2.20
Malawi	265	\$2.04	6AM-5PM	\$1.64	5PM-6AM	Base Rate	\$0.48
Malaysia	60	\$2.29	5PM-11AM	\$1.38	11AM-5PM	Base Rate	\$0.18
Maldives	960	\$3.70	6PM-11AM	\$3.04	11AM-6PM	Base Rate	\$1.52
Mali Republic	223	\$3.67	6AM-5PM	\$2.91	5PM-6AM	Base Rate	\$1.03
Malta	356	\$2.49	7AM-6PM	\$1.73	6PM-7AM	Base Rate	\$0.71
Marshal Islands	692	\$2.49	10AM-11PM	\$1.97	11PM-10AM	Base Rate	\$0.73
Mauritania	222	\$3.50	6AM-5PM	\$2.75	5PM-6AM	Base Rate	\$0.98
Mauritius	230	\$3.83	6AM-5PM	\$2.99	5PM-6AM	Base Rate	\$1.22
Mayotte Island	269	\$4.60	6AM-5PM	\$4.18	5PM-6AM	Base Rate	\$2.25
Mexico - Band 1	52	\$0.54	7AM-7PM M-F	\$0.30	All other times	\$0.10	\$0.08
Mexico - Band 2	52	\$0.54	7AM-7PM M-F	\$0.35	All other times	\$0.10	\$0.16
Mexico - Band 3	52	\$0.68	7AM-7PM M-F	\$0.43	All other times	\$0.10	\$0.16
Mexico - Band 4	52	\$1.28	7AM-7PM M-F	\$0.69	All other times	\$0.10	\$0.16
Mexico - Band 5	52	\$1.28	7AM-7PM M-F	\$0.75	All other times	\$0.10	\$0.16
Mexico - Band 6	52	\$1.33	7AM-7PM M-F	\$0.92	All other times	\$0.10	\$0.16
Mexico - Band 7	52	\$1.33	7AM-7PM M-F	\$0.98	All other times	\$0.10	\$0.16
Mexico - Band 8	52	\$1.33	7AM-7PM M-F	\$1.00	All other times	\$0.10	\$0.16
Micronesia	691	\$2.47	10AM-11PM	\$2.06	11PM-10AM	Base Rate	\$0.76
Moldova	373	\$3.18	7AM-2AM	\$2.50	2AM-7AM	Base Rate	\$0.48
Monaco	377	\$1.49	7AM-6PM	\$0.95	6PM-7AM	Base Rate	\$0.19
Mongolia	976	\$6.09	10AM-11PM	\$4.53	11PM-10AM	Base Rate	\$1.66
Montserrat	1205	\$1.77	7AM-10PM	\$1.42	10PM-7AM	Base Rate	\$0.53
Morocco	212	\$2.78	6AM-5PM	\$2.30	5PM-6AM	Base Rate	\$0.56
Mozambique	258	\$4.05	6AM-5PM	\$1.27	5PM-6AM	Base Rate	\$1.24
Myanmar	95	\$6.72	10AM-11PM	\$5.30	11PM-10AM	Base Rate	\$2.26
Nambia	264	\$2.18	6AM-5PM	\$1.81	5PM-6AM	Base Rate	\$0.79
Nauru	674	\$4.23	10AM-11PM	\$3.40	11PM-10AM	Base Rate	\$2.95
Nepal	977	\$3.60	6AM-6PM	\$2.70	6PM-6AM	Base Rate	\$1.26
Netherlands	31	\$1.47	7AM-6PM	\$0.95	6PM-7AM	Base Rate	\$0.08
Netherlands Antilles	599	\$1.65	8AM-11PM	\$1.27	11PM-8AM	Base Rate	\$0.41
Nevis	1206	\$1.57	7AM-10PM	\$1.25	10PM-7AM	Base Rate	\$0.48
New Caledonia	687	\$2.39	10AM-11PM	\$1.95	11PM-10AM	Base Rate	\$1.41
New Zealand	64	\$2.18	10AM-11PM	\$1.47	11PM-10AM	Base Rate	\$0.08
Nicaragua	505	\$2.06	10AM-11PM	\$1.66	11PM-10AM	\$0.37	\$0.37
Niger Republic	227	\$2.99	6AM-5PM	\$2.42	5PM-6AM	Base Rate	\$0.91
Nigeria	234	\$2.19	7AM-1AM	\$1.73	1AM-7AM	Base Rate	\$0.56
Niue Island	683	\$5.43	10AM-11PM	\$4.44	11PM-10AM	Base Rate	\$3.25
Norway	47	\$1.50	7AM-6PM	\$0.99	6PM-7AM	Base Rate	\$0.08

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Country	Country	Rate	Time	Rate	Time	\$2 a month fee	\$4 a month fee
Oman	968	\$2.25	9PM-3PM	\$1.83	3PM-9PM	Base Rate	\$1.04
Pakistan	92	\$4.63	6AM-6PM	\$3.04	6PM-6AM	Base Rate	\$0.33
Palau	680	\$4.05	10AM-11PM	\$3.39	11PM-10AM	Base Rate	\$1.26
Palestine	970	\$2.20	7AM-6PM	\$1.48	6PM-7PM	Base Rate	\$0.13
Panama	507	\$1.96	8AM-11PM	\$1.50	11PM-8AM	\$0.34	\$0.34
Papua New Guinea	675	\$2.44	10AM-11PM	\$1.83	11PM-10AM	Base Rate	\$1.03
Paraguay	595	\$2.43	8AM-12AM	\$1.92	12AM-8AM	\$0.39	\$0.39
Peru	51	\$2.23	7AM-12AM	\$1.56	12AM-7AM	\$0.25	\$0.25
Philippines	63	\$2.43	5PM-11AM	\$1.63	11AM-5PM	Base Rate	\$0.16
Poland	48	\$1.76	7AM-12AM	\$1.41	12AM-7AM	Base Rate	\$0.20
Portugal	351	\$1.84	7AM-8PM	\$1.19	8PM-7AM	Base Rate	\$0.08
Puerto Rico		See below *		See below *		Base Rate	See below*
Qatar	974	\$2.27	7AM-1AM	\$1.74	1AM-7AM	Base Rate	\$0.93
Reunion Island	262	\$3.77	6AM-5PM	\$2.98	5PM-6AM	Base Rate	\$1.00
Romania	40	\$2.50	7AM-2AM	\$2.01	2AM-7AM	Base Rate	\$0.32
Russia	70	\$2.74	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.18
Rwanda	250	\$3.99	6AM-5PM	\$3.23	5PM-6AM	Base Rate	\$1.16
San Marino	378	\$1.55	7AM-6PM	\$1.12	6PM-7AM	Base Rate	\$1.03
Sao Tome	239	\$5.28	6AM-5PM	\$4.27	5PM-6AM	Base Rate	\$2.79
Saudi Arabia	966	\$2.35	7AM-1AM	\$1.84	1AM-7AM	Base Rate	\$0.48
Senegal Republic	221	\$3.15	6AM-5PM	\$2.52	5PM-6AM	Base Rate	\$0.68
Seychelles	248	\$3.99	6AM-5PM	\$3.19	5PM-6AM	Base Rate	\$1.47
Sierra Leone	232	\$3.29	6AM-5PM	\$2.64	5PM-6AM	Base Rate	\$0.71
Singapore	65	\$1.84	5PM-11PM	\$1.21	11PM-10AM	Base Rate	\$0.13
Slovak Republic	421	\$1.99	7AM-12AM	\$1.68	12AM-7AM	Base Rate	\$0.24
Slovenia	386	\$2.06	7AM-12AM	\$1.64	12AM-7AM	Base Rate	\$0.56
Solomon Island	677	\$4.11	5PM-11PM	\$3.27	11PM-10AM	Base Rate	\$1.98
Somalia	252	\$3.07	6AM-5PM	\$2.58	5PM-6AM	Base Rate	\$1.60
South Africa	27	\$1.96	6AM-5PM	\$1.47	5PM-6AM	Base Rate	\$0.36
Spain	34	\$1.81	7AM-6PM	\$1.23	6PM-7AM	Base Rate	\$0.08
Sri Lanka	94	\$3.76	6AM-6PM	\$2.81	6PM-6AM	Base Rate	\$1.01
St. Helena	290	\$3.61	6AM-5PM	\$3.01	5PM-6AM	Base Rate	\$1.24
St. Kitts	1+869	\$1.76	7AM-10PM	\$1.39	10PM-7AM	Base Rate	\$0.48
St. Lucia	1+758	\$1.76	7AM-10PM	\$1.41	10PM-7AM	Base Rate	\$0.40
St. Pierre/ Miquelon	508	\$1.43	7AM-10PM	\$1.12	10PM-7AM	Base Rate	\$0.48
St. Vincent/ Grenadine	1+784	\$1.81	7AM-10PM	\$1.49	10PM-7AM	Base Rate	\$0.54
Sudan	249	\$4.30	7AM-2AM	\$4.10	2AM-7AM	Base Rate	\$0.88
Suriname	597	\$3.13	8AM-12AM	\$2.41	12AM-8AM	Base Rate	\$1.22
Swaziland	268	\$2.16	6AM-5PM	\$1.74	5PM-6AM	Base Rate	\$0.75
Sweden	46	\$1.47	7AM-6PM	\$0.95	6PM-7AM	Base Rate	\$0.08
Switzerland	41	\$1.57	7AM-6PM	\$0.97	6PM-7AM	Base Rate	\$0.08
Syria	963	\$3.71	7AM-2AM	\$3.41	2AM-7AM	Base Rate	\$0.88
Taiwan	886	\$2.23	5PM-11PM	\$1.35	11PM-10AM	Base Rate	\$0.07

International Rates Per Minute							
		International Base Rate				10 Cents to Mexico	Qwest Choice™ International Rates
		If you have not selected a specific international plan, international long distance calls will be charged at our base rates. Rate per minute depends on the time of day (originating number time zone).				Call from the U.S. to Mexico anytime, anywhere for just 10 cents a minute. International base rates applies to all other countries not listed.	Great rates for over 200 countries with no calling time restrictions.
		No Monthly Fee					
		Standard		Economy			
Country	Country	Rate	Time	Rate	Time	\$2 a month fee	\$4 a month fee
Tajikistan	992	\$2.74	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.52
Tanzania	255	\$2.43	7AM-2AM	\$1.97	2AM-7AM	Base Rate	\$0.48
Thailand	66	\$2.25	5PM-11AM	\$1.41	11AM-5PM	Base Rate	\$0.24
Togo	228	\$2.52	6AM-5PM	\$1.97	5PM-6AM	Base Rate	\$1.08
Tokelau	690	\$1.53	5PM-11PM	\$1.23	11PM-5PM	Base Rate	\$1.17
Tonga Island	676	\$3.34	9AM-2AM	\$2.89	2AM-9AM	Base Rate	\$1.53
Trinidad Tobago	1+868	\$1.81	7AM-10PM	\$1.42	10PM-7AM	Base Rate	\$0.34
Tunisia	216	\$2.24	6AM-5PM	\$1.81	5PM-6AM	Base Rate	\$0.48
Turkey	90	\$2.06	7AM-6PM	\$1.47	6PM-7AM	Base Rate	\$0.38
Turkmenistan	993	\$2.74	7AM-6PM	\$2.30	6PM-7AM	Base Rate	\$0.76
Turks & Caicos	1+649	\$1.68	8AM-11PM	\$1.40	11PM-8AM	Base Rate	\$0.52
Tuvalu	688	\$6.46	5PM-11PM	\$4.78	11PM-10AM	Base Rate	\$3.59
Uganda	256	\$2.42	7AM-2AM	\$1.96	2AM-7AM	Base Rate	\$0.48
Ukraine	380	\$2.74	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.26
United Arab Emirates	971	\$1.88	9PM-3PM	\$1.55	3PM-9PM	Base Rate	\$0.38
United Kingdom	44	\$1.21	9AM-6PM	\$0.88	6PM-9AM	Base Rate	\$0.07
Uruguay	598	\$2.13	7AM-12AM	\$1.57	12AM-7AM	\$0.39	\$0.39
Uzbekistan	998	\$2.74	7AM-2AM	\$2.30	2AM-7AM	Base Rate	\$0.27
Vanuatu	678	\$5.08	2PM-3AM	\$4.25	3AM-2PM	Base Rate	\$4.68
Venezuela	58	\$1.51	8AM-12AM	\$1.13	12AM-8AM	\$0.22	\$0.22
Vietnam	84	\$3.20	5PM-11AM	\$2.69	11AM-5PM	Base Rate	\$0.55
Virgin Islands		See below *		See below *		Base Rate	See below*
Wallis & Futuna	681	\$5.05	2PM-3AM	\$3.96	3AM-2PM	Base Rate	\$3.13
Western Samoa	685	\$3.71	5PM-11PM	\$2.99	11PM-10AM	Base Rate	\$0.58
Yemen	967	\$2.22	9PM-3PM	\$1.76	3PM-9PM	Base Rate	\$0.98
Yugoslavia	381	\$2.11	7AM-2AM	\$1.70	2AM-7AM	Base Rate	\$0.41
Zaire	243	\$1.94	6AM-5PM	\$1.60	5PM-6AM	Base Rate	\$0.58
Zambia	260	\$2.09	6AM-5PM	\$1.64	5PM-6AM	Base Rate	\$0.48
Zimbabwe	263	\$2.09	6AM-5PM	\$1.64	5PM-6AM	Base Rate	\$0.48

*U.S. state-to-state calling plan rates apply to customers who place calls to CNMI, Guam, Puerto Rico and the U.S. Virgin Islands.

To make a call from the U.S. to an international country, please follow these instructions.

- Dial 011 + country code + city code (where applicable) + telephone number.
- Calls to Canada do not require dialing 011. Dial 1 + telephone number.
- Calls to any country where the country code begins with "1 +" do not require dialing 011. Dial 1 + country code + telephone number.