How to Configure Windows Mail for qwest.net E-mail

Email Type:
@qwest.net

Use this document if:
- You need to configure Windows Mail for qwest.net e-mail.

This document assumes:
- You know your qwest.net e-mail address and password.
- You have a working copy of Windows Mail
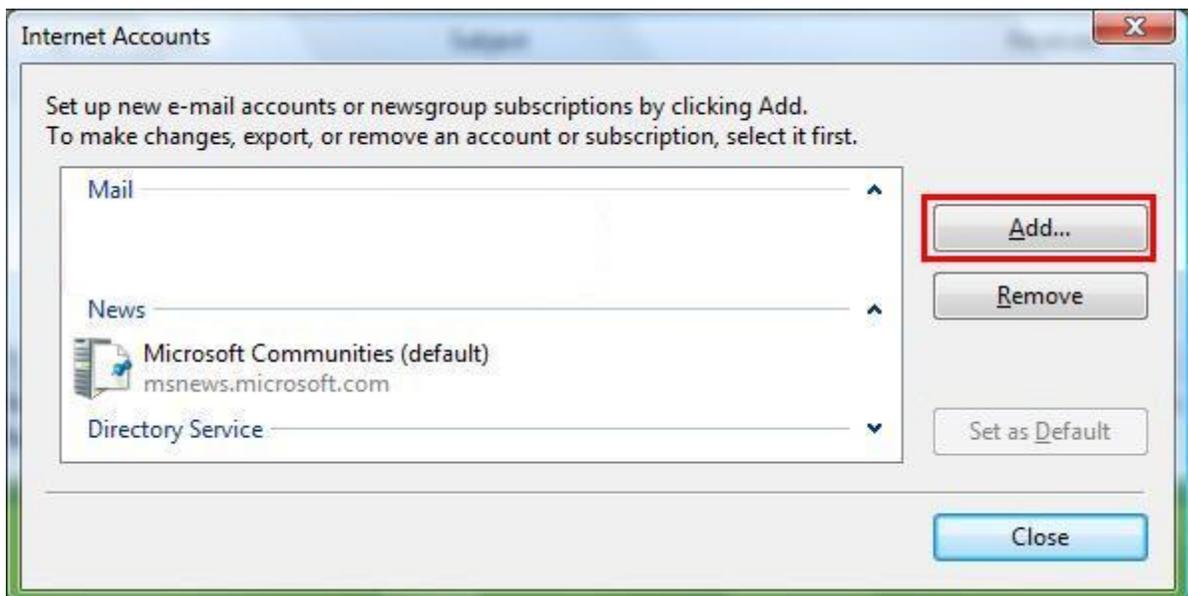- You have a working Internet connection.

1. Open Windows Mail by using the icon on your desktop or Start menu.

2. If this is your first time running Windows Mail, the new account wizard will start automatically. Otherwise, select **Tools**, then **Accounts**….
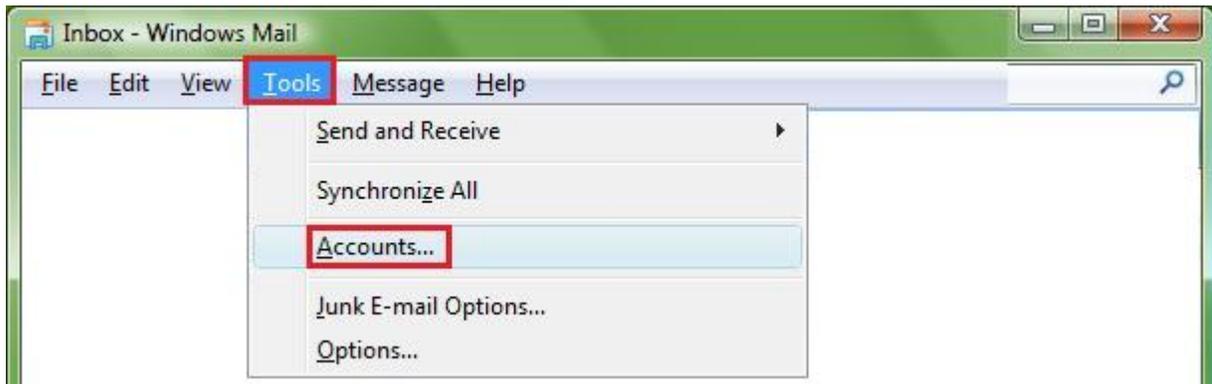
3. Select **Add**.

4. Type your 'display name' as you would like it to appear on outgoing email. Select **Next**.

Your Name

When you send e-mail, your name will appear in the From field of the outgoing message. Type your name as you would like it to appear.

Display name: John Smith

For example: John Smith

Next   Cancel

5. Type your E-mail address. Select **Next**.
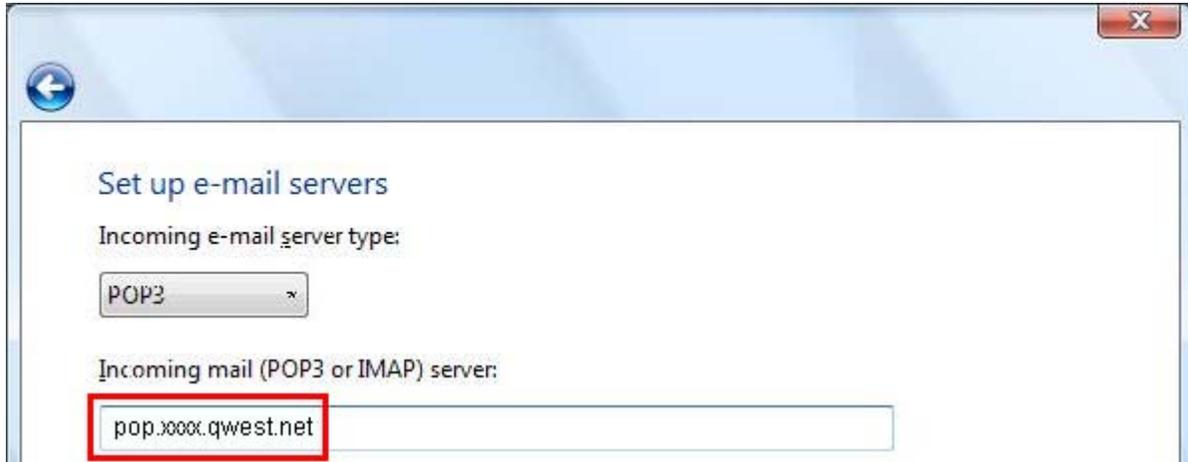
Internet E-mail Address

Your e-mail address is the address other people use to send e-mail messages to you.

E-mail address: customer@qwest.net

For example: someone@microsoft.com

Next   Cancel

6. Type in 'pop.xxxx.qwest.net' for the **Incoming mail (POP3 or IMAP) server.** Refer to the last page in this document to replace the xxxx with the closest city code.
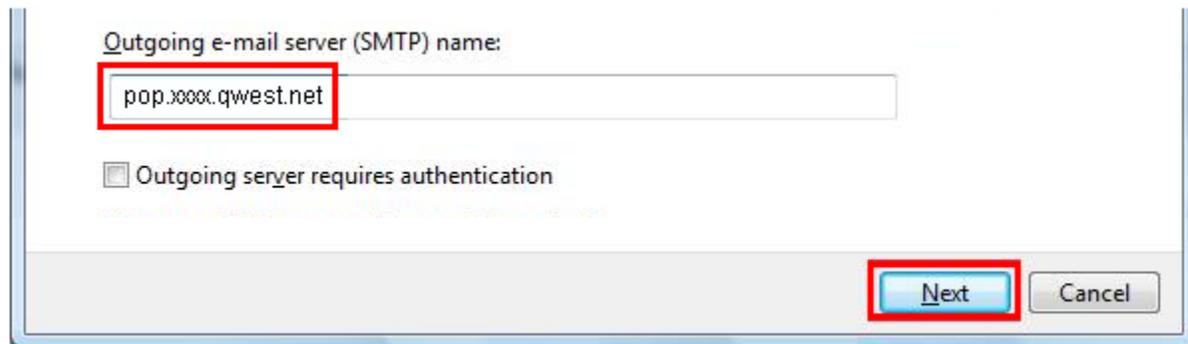

7. Type in ''pop.xxxx.qwest.net' for the **Outgoing mail (SMTP) server.** Check **Outgoing server required authentication.** Select **Next**. Refer to the last page in this document to replace the xxxx with the closest city code.
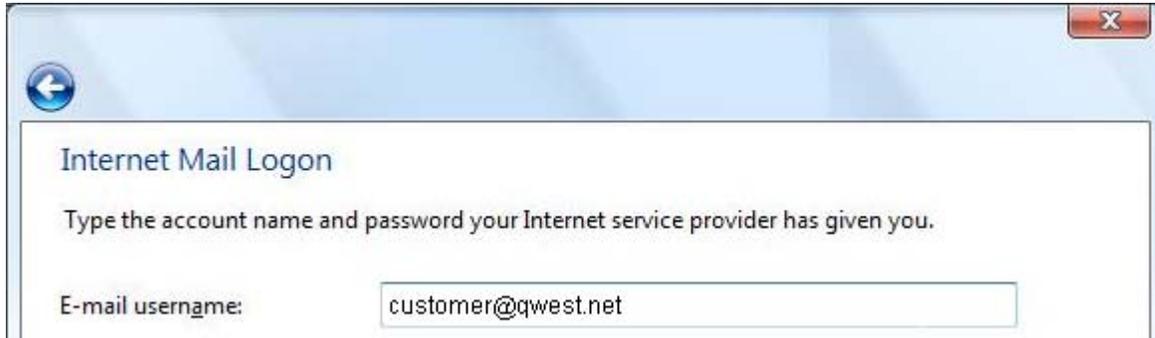
8. Enter your full email address in the **E-mail username** field.

9. Enter your password. Select **Next**.
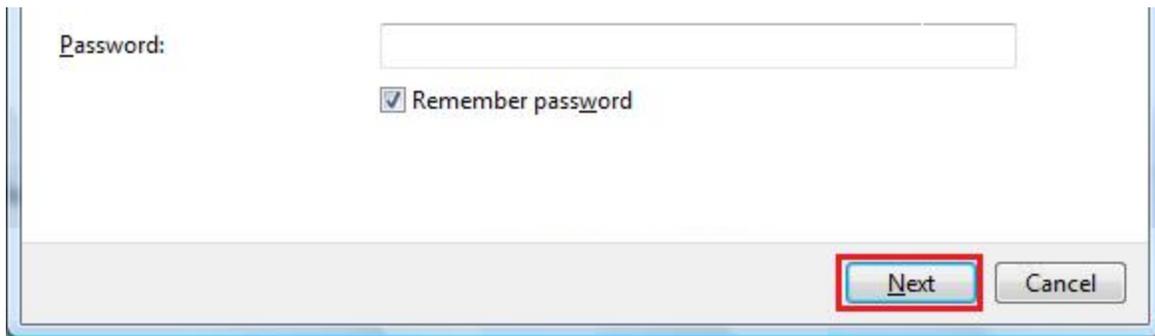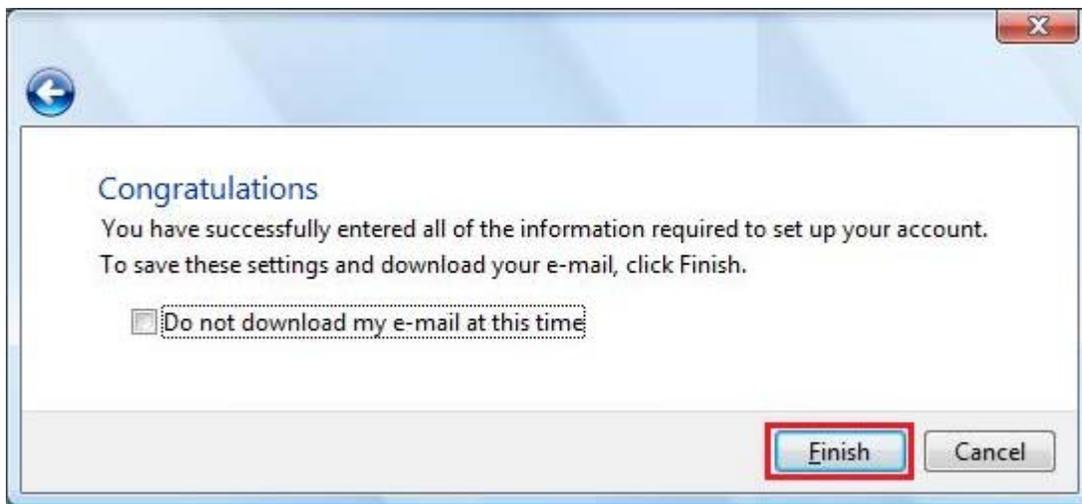
10. Select **Finish**.

11. Select **Send/Receive** to complete the process.
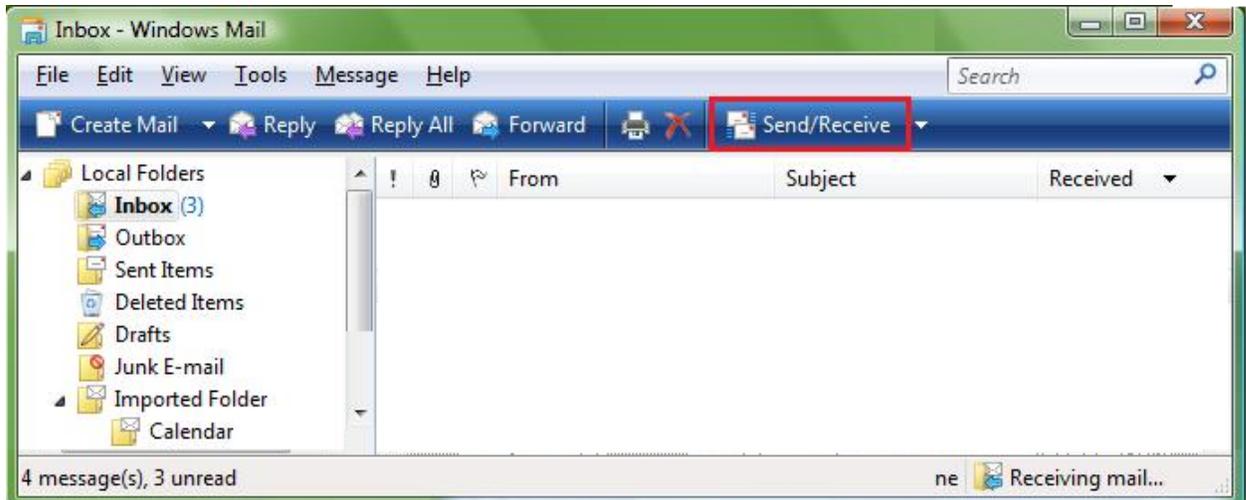
*Qwest Mail Servers

Arizona
- Tucson- pop.tcsn.qwest.net
- Phoenix- pop.phnx.qwest.net

Colorado
- Colorado Springs- pop.clsp.qwest.net
- Denver- pop.dnvr.qwest.net

Idaho
- Boise- pop.bois.qwest.net

Iowa
- Des Moines- pop.desm.qwest.net
- Cedar Rapids- pop.cdrr.qwest.net
- Davenport- pop.dvnp.qwest.net

Minnesota
- Duluth- pop.dlth.qwest.net
- Minneapolis/St. Paul- pop.mpls.qwest.net
- Rochester- pop.roch.qwest.net
- Saint Cloud- pop.stcd.qwest.net

Montana
- Billings- pop.blng.qwest.net
- Missoula- pop.mssl.qwest.net

Nebraska
- Omaha- pop.omah.qwest.net

New Mexico
- Albuquerque- pop.albq.qwest.net

North Dakota
- Bismarck- pop.bsmr.qwest.net
- Fargo- pop.farg.qwest.net

Oregon
- Eugene- pop.eugn.qwest.net
- Portland- pop.ptld.qwest.net

South Dakota
- Sioux Falls- pop.sxfl.qwest.net

Utah
- Salt Lake City- pop.slkc.qwest.net

Washington
- Seattle- pop.sttl.qwest.net
- Spokane- pop.spkn.qwest.net

Wyoming
- Cheyenne- pop.chyn.qwest.net